Two Nests by Laurence Anholt  E ANH
Betty and Paul are two little birds who build a nest together in a cherry tree. Betty lays an egg and out pops Baby Bird. Everyone is happy and all the other animals come to see the baby. But the nest is small, Betty and Paul squabble, and they decide that Paul should live in a different nest across the other side of the tree. Now there are two nests in the cherry tree. But Betty and Paul both love Baby Bird, and soon he is able to fly over the cherry tree, visiting his two nests.

Divorce is the Worst by Anastasia Higginbotham  E HIG
Kids are told, "it's for the best"—and one day, it may be. But right now, divorce is the worst. With honesty and humor, Anastasia Higginbotham beautifully conveys the challenge of staying whole when your entire world, and the people in it, split apart.

I, Amber Brown by Paula Danziger  J F DAN
Because her parents have joint custody of her, nine-year-old Amber suffers from lack of self-esteem and feels that she is a piece of jointly owned property.

Dear Mr. Henshaw by Beverly Cleary  J F CLE
After his parents separate, Leigh Botts moves to a new town with his mother. Struggling to make friends and deal with his anger toward his absent father, Leigh loses himself in a class assignment in which he must write to his favorite author. When Mr. Henshaw responds, the two form an unexpected friendship that will change Leigh's life forever.

My Mother’s House, My Father’s House by C.B. Christiansen  E CHR
A child describes having two different houses in which to live, "my mother's house" and "my father's house," and what it is like to travel back and forth between them.

At Daddy’s on Saturdays by Linda W. Girard  E GIR
Although her parents’ divorce causes her to feel anger, concern, and sadness, Katie discovers that she can keep a loving relationship with her father even though he lives apart from her.

Julie Tells Her Story by Megan McDonald  J F AME
In 1974 at her new San Francisco school, nine-year-old Julie does not want to tell her class about her parents’ divorce, or to tell her sister about messing up her school assignment, but when she breaks her finger playing basketball and her whole family rallies around her, she realizes the importance of telling the truth.

Dinosaur characters introduce aspects of divorce such as its causes and effects, living with a single parent, spending holidays in two separate households, and adjusting to a stepparent.

Revised 2/9/2018
Books to help deal with difficult times...

Two Homes by Claire Masurel
E MAS
At Mommy’s house, Alex has a soft chair. At Daddy’s house, Alex has a rocking chair. In each home, Alex also has a special bedroom and lots of friends to play with. But whether Alex is with Mommy or with Daddy, one thing always stays the same - Alex is loved.

My Family’s Changing by Pat Thomas J 306.89 THO
The author of this book is a psychotherapist and counselor and helps children to face their fears, worries and questions when their family is going through a break-up.

It’s Not Your Fault, Koko Bear by Vicky Lansky ER 306.874 LAN
This story revolves around a lovable bear who doesn’t want to have two homes. KoKo’s experience will help children learn what divorce means, how family life will change, and understand that the divorce is not their fault.

Mama and Daddy Bear’s Divorce by Cornelia Spelman E SPE
One sad day, Mama and Daddy Bear say they are getting a divorce. Daddy won’t live at home anymore, Dinah is scared and sad. She wonders if she’ll ever see Daddy again.

When My Parent’s Forgot How to Be Friends by Jennifer Moore GROWING UP E MOO
This sensitively written book assures boys and girls that children are in no way responsible for their parents’ inability to get along together. It lets kids know that although one parent chooses to move away from the home, both parents continue to love their little boy or girl. Both Mom and Dad will continue to spend happy times with them.

The “D” Word by Julia Cook E COO
Otis used to have the perfect family. That all changed when his parents told him that they were getting a D...D...D... The D Word! He can’t even say it! At first Otis blames himself. With the help of his Gram, Otis discovers the reasons why people get divorced. He also learns about the Three Cs of Divorce: I didn’t CAUSE it, I can’t CONTROL it, so I’m going to have to learn to COPE with it!

Do You Sing Twinkle? A Story About Remarriage and Family by Sandra Levins E LEV
Living apart from a parent can be a hard adjustment for kids. And, if that parent remarries and has stepchildren, things can get really confusing. Told from a young boy's point of view, this book addresses many feelings and questions that children may have while adjusting to remarriage and a blended family after their parents' divorce.

Lou Caribou: Weekday’s with Mom Weekends with Dad by Marie Roger E ROG
A little reindeer named Lou Caribou lives with his mom at one end of a green forest. Every weekend, Lou visits his dad who lives on the other end of that forest. To prepare for the trip, Lou has to pack his suitcase with everything he needs for his stay—a things like his toothbrush, his stuffed animal, and his favorite sweater. This book shows that parents who live apart still lovingly care for their child, and that their separation has not diminished their love for him.

Was it the Chocolate Pudding? by Sandra Levins E LEV
With childlike innocence and humor, a young narrator living with his single father and brother explains divorce and its grown-up words - like "new arrangement," "ideal situation," and "differences" - from a kid's point-of-view. Special emphasis is placed on the fact that divorce is not the child's fault, that it is a grown-up problem. Deals with practical day-to-day matters such as single-family homes, joint custody, child-care issues, and misunderstandings.